

## [HOLISTIC FOOD RECIPES](#)



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Simple, delicious, whole-food, gluten-free and refined sugar-free recipes designed to nourish your mind, body and soul.

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Therefore, the concept of holistic dog food rests on the fundamental belief that good dog food nutrition is essential for the body. So when the food is provided in the right proportions, the mind and the body function in a healthy manner, leading to greater wellbeing and improved health of the dogs.

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Holistic dog food is better than commercial dog food as it contains all the nutrients required by your pet to live a healthy and long life.

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Pass out one recipe to each friend and ask them to coordinate a schedule amongst themselves, so you always have (healthy, whole food) nourishment on hand. Hire The Holistic Kitchen or one of its Certified Chefs to prepare meals for you, to last a week, two weeks or a month.

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### **Homemade Cat Food How to Make Your Own Natural ecolife**

Learn to make natural, homemade cat food by understanding which ingredients to avoid and learning a few quick cat food recipes for a naturally healthy cat.

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